



District 22

Womens New Beginning

is hosting a Womens Retreat!

Save the Date and Mark Your Calendars!

June 14-16, 2024

NIU Lorado Taft Field Campus 1414 N River Rd, Oregon IL 61061

Connect. Support. Empower.

An intimate group of women get to experience the ultimate self-care retreat.

Sleep in every morning or wake at sunrise and spend time in quiet reflection. You get to choose what YOU really need to feel rested.

Each day, we will come together for daily workshops, including journaling, art exploration, breath work, and more, to help you rest and reset in the present and explore how you want to bring tools for better well-being and self-care home with you into your day to day. We'll end each day together with a gentle evening. In between, we'll enjoy meals together (if you are craving more alone time, this is optional).

Any questions please call or text Carol S. 847-208-0481 or Ana Z. at 773-653-0119

More Details will be revealed as we get closer to the date!

* This is a closed retreat for women in AA - In support of AA's Singleness of purpose, attendance at closed meeting is limited to persons who have a desire to stop drinking *



Click on the QR code for more information on
our DISTRICT 22 Website

